



Clevedon Health Walks



Date	Day	Starting from
2 Jan +Short	Tuesday	Sunnyside Surgery
5	Friday	Boots, the Triangle
9	Tuesday	Bandstand
12	Friday	Sunnyside Surgery
16	Tuesday	Salthouse car park
19	Friday	Bandstand
23	Tuesday	Bandstand
26	Friday	Boots, the Triangle
30	Tuesday	Boots, the Triangle
2 Feb	Friday	Salthouse car park
6 + Short	Tuesday	Sunnyside Surgery
9	Friday	Bandstand
13	Tuesday	Bandstand
16	Friday	Boots, the Triangle
20	Tuesday	Salthouse Car Park
23	Friday	Sunnyside Surgery
27	Tuesday	Boots, the Triangle
1 March	Friday	Bandstand
5 +Short	Tuesday	Sunnyside Surgery
8	Friday	Bandstand
12	Tuesday	Salthouse car park
15	Friday	Boots, the Triangle
19	Tuesday	Salthouse car park
22	Friday	Bandstand
26	Tuesday	Boots, the Triangle

Walks start at 10.30am and last around 60 minutes

A shorter walk of 30 minutes also starts at 10.30am on days marked **+Short**

Winter Sunday Walks

Start 10am for 60 minutes

7 January - Boots
28 January - Bandstand
11 February - Salthouse
25 February - Sunnyside
3 March - Bandstand
24 March - Salthouse

Please check time and starting point each week
Aimed at individuals who want to start and stay active
Assistance dogs only

Please wear suitable clothing and footwear
No need to book, just come along!

Contact Lynne Purcell 01275 852 663 or Physical Activity Team: 01275 882 730

GetActive@n-somerset.gov.uk

www.betterhealthns.co.uk/get-active/walking/

www.facebook.com/clevedonwalkandtalk

